# NCAA PARENT NIGHT

HOW TO BECOME ELIGIBLE FOR COLLEGE ATHLETICS

### WHAT IS THE NCAA?



- NCAA = National Collegiate Athletic Association
  - It is a "watch dog" organization for NCAA Athletics. Their purpose is to validate that academic requirements are on track for a student athlete NCAA D1 and D2 schools have interest in.
  - The NCAA Eligibility Center was established to stop the falsifying of academic records.
  - o More than 1100 colleges and universities are members of the NCAA.
  - These schools work together with the NCAA to support nearly half a million college athletes making up 19,500 teams and over 480,000 student athletes.
- There are three NCAA divisions
  - Division 1 schools are generally the largest and offer the highest number of athletic scholarships.
  - Division 2 offers high level athletics competition and relies on a partial scholarship model. Very few student athletes will receive a full athletics based scholarship at a Division 2 school.
  - **Division 3** offers participation in a competitive athletics environment, but no athletic based scholarships are offered.

# HOW DO I BECOME NCAA ELIGIBLE?

- Know the academic standards for Division 1 and Division 2.
- Complete NCAA approved courses throughout high school. Visit your counselor if you're not sure what these are.
- Register with the NCAA Eligibility Center at eligibilitycenter.org in your junior year if you are interested in playing college sports.
  - O It is \$90 to register with the NCAA but if students qualify for a SAT/ACT fee waiver or are on the free/reduced lunch program, it is FREE to register (must request a fee waiver during registration).
  - Division 1 and 2 schools require a Certification Account (including payment or fee waiver). Division 3 schools encourage a Profile Page (no payment).
- At the beginning of your senior year, ask your counselor to send official transcripts to the NCAA Eligibility Center.
- Submit SAT/ACT scores to NCAA Eligibility Center using code 9999.
- After you graduate, ask your counselor to send your final transcript to NCAA.

# WHAT ARE THE NCAA REQUIREMENTS?

#### Division 1

- 4 years English
- **3 years Math** (Algebra 1, Geometry, Algebra 2)
- 2 years Science
- 1 year Additional Math or Science
- 2 years Social Science
- 4 years Additional Courses (from any of the above areas and/or Foreign Language)
  - 1 year will automatically come from social studies since 3 years are required for graduation.
  - 2 years should come from Foreign Language since this is the requirement for CSU/UC campuses (A-G requirements).
  - 1 year can come from a 4th year of math (pre calculus or higher), 3rd year of science, 3rd year of foreign language or additional social studies course (i.e. psychology, AP Human Geography).
- Earn a core-course GPA of at least 2.3 and meet minimum sliding scale ACT/SAT score.
- = Total of 16 Core Courses (See worksheet in handout)

# WHAT ARE THE NCAA REQUIREMENTS?

#### Division 2

- 3 years English
- 2 years Math (Algebra, Geometry)
- 2 years Science
- 3 years Additional English, Math, Science
  - o 1 year of additional English and math will already be taken because they are required for graduation.
- 2 years Social Science
- 4 years Additional Courses (from any area above and Foreign Language)
  - 1 year will come from social science (because it's a graduation requirement), 2 should come from foreign language (if meeting A-G requirements), other should come from math, science, social science or foreign language.
- Earn a core course GPA of at least 2.2 and meet minimum SAT/ACT sliding scale score.
- = Total of 16 Core Courses (See worksheet in handout)

# WHAT ARE THE NCAA REQUIREMENTS?

#### Division 3

- Division 3 schools set their own admissions and eligibility standards.
- Prospective student athletes should contact the Division 3 school they are planning to attend to learn more.
- While Division 3 schools don't offer athletic scholarships, 75% of Division
  3 student athletes receive some form of merit or need based financial aid
- If planning to attend a D3 school, you can create a free Profile Page at eligibilitycenter.org
- The Eligibility Center is not required for D3 colleges but they still may look at it!! D3 colleges are academic oriented and don't want to chase your grades down.

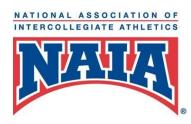
## WHAT ARE THE CORE COURSES?

- English: English 1, 2, 3, 4, All honors/AP/IB level English
- **Social Studies:** World History, AP European History, AP Human Geography, US History, AP US History, Government, AP Gov/Econ, Economics, Agriculture Gov/Econ, Economics Honors, Theory of Knowledge IB, Psychology, AP Psychology, Social Cultural Anthro IB, History of the Americas IB
- Math: Algebra 1, Geometry, Geometry H, Algebra 2, Algebra 2 H, Pre Calculus, Pre Calculus Honors, IB Math, Probability and Statistics, AP Statistics, AP Calculus, Advanced Algebra 2/Trig (Math 40)
- Science: Bio, Bio H, Ag Bio, AP Bio, Chemistry, Ag and Soil Chemistry, Chemistry H, Geophysical Science, Earth Science and Ag Earth Science (no longer offered), AP Environmental Science, AP Computer Science, AP Physics, IB Physics, Human Anatomy, MADE (Mechanical Arts Design and Engineering), Oceanography, Special Effects Chemistry, Vet Science
- Foreign Language: All levels accepted (of Sign Language, Spanish, and French)

### FACTS YOU NEED TO KNOW

- It is not necessary to register for the NCAA Eligibility Center until after your Junior Year academically.
- Registering for the NCAA will not put you onto college coaches recruiting radars, but it can help to keep you there if you are on them!
- After you have completed the registration, you will need to fill out a **Transcript Release Form**. This will allow high schools to release your official transcripts to the eligibility center.
- You cannot take **official recruiting trips** to NCAA D1 and D2 schools without being registered with the NCAA Eligibility Center.
- You cannot be given a **written scholarship offer** unless you're registered with the NCAA.
- You must request official transcripts be sent from your high school. You can email ME (Erin McCarthy) at emccarthy@fjuhsd.org to make sure that happens.
- You must request **test scores** be sent to the NCAA Eligibility Center (**9999**) from testing agencies (college board (SAT) and/or ACT).
- Review your account periodically to make sure that your high school transcripts, and
  ACT and/or SAT scores are showing up.
- College coaches do NOT go to the NCAA Eligibility Center to find athletes. They find athletes, then go to the Eligibility Center to see if they are academically eligible.

## NAIA . . . WHAT'S THAT?



- 250 schools, 65k student athletes, \$600M in scholarships
- Hope International University, Vanguard, Westmont, Life Pacific University, La Sierra University College, San Diego Christian College, UC Merced, Soka University
- Academic Eligibility (must meet two of three)
  - At time of graduation students must have:
    - Minimum GPA 2.0
    - Minimum 18 ACT or 860 SAT
    - Graduate in top 50% of class
- Register at www.playnaia.org